

# Danish Institute for Study Abroad: Children With Special Needs

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STEP Mentor: Dr. Don Stenta  
Major: Health Sciences

*I met so many people through this program, from the U.S. and beyond. Together, we explored Copenhagen, learned the city's history, and immersed ourselves in Danish culture.*



## My Experience:

My STEP signature project was a 3-week study abroad trip to Copenhagen, Denmark. The course I completed analyzed the different theories and practices within the special needs population, particularly in early childhood. We reflected on current research and participated in multiple field experiences.



*Exploring the streets of Nyhavn and downtown Copenhagen*



## Why this project?:

This project was a perfect opportunity for me to accomplish my goals...

*Academically* – by furthering my knowledge in this field and challenging my perspectives on what I already knew.

*Professionally* – by providing me a solid foundation of understanding and experience that I will be able to apply to my future career.

*Personally* – by challenging me to further my independence, increase my global awareness and broaden my perspective on the world I live in.



*Field experiences: Snoezelhuset (left), Danish Forest Kindergarten (top right), Asårdsolen (bottom right)*

## My Transformation:

My greatest take-away from this project is that I am capable of so much more than I thought possible. Completing a portion of my academic career in an entirely different country was something I never thought I would do. As someone who rarely leaves the bubble of central Ohio, I was anxious to be alone 4,193 miles away. This project helped me further my independence, develop a greater self-confidence, and foster a desire to continue meeting new people and experiencing new places. I hope to continue to grow and see everything the world has to offer.



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Second-year Transformational  
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